

Choreo Notes – Fanveil & Oriental Choreography to 'Naseem El Bahr' with Khalida

Hello dear all,

Below you will find a bit of information about my DVDs, the signup form for my Newsletter and detailed choreography notes for 'Oriental with Fanveil Intro' to Naseem El Bahr (Album: Shakawa)

Enjoy!

Xx K.

DVDs, FB group

You can find my full DVD collection (shipped worldwide) at www.khalidadance.com/DVDs – and the downloadable/streaming versions at www.khalidadance.com/online-classes

Free 30-minute doubleveil video class

I have created a (closed) FB group for dancers who work with my DVDs/online classes, with a link to a free 30-minute downloadable double veil class at www.facebook.com/groups/KDanceOnline

Newsletter

You can sign up for my Newsletter (English, German or Dutch version) via the following link: <http://eepurl.com/tu4H1>

Choreo Notes

Intro Part 1

- Intro1 – Pose with left fan open behind head, right fan open in front of you
- Turn right (1 slow turn or 2 fast turns), dip down, 'snake up' with fluttering fans
- Open veils and 'butterfly', 1/2 turn R facing the back, then accent up with both fans (and look up for 'long hair'), ½ turn R to face the audience again
- 'Queen of the room' lunge to diagonal right with R leg forward, then accent up with both legs together in relevé, then lunge to diagonal left with L leg forward
- ½ turn to face away from audience, then accent with one fan 'up' on one side (over shoulder), switch to other side (accent other fan), switch again (accent both fans)

Transition

- Big 'open', one butterfly wave walking back, optional 1 turn with fans open – ending facing back

Intro Part 2

- Choochoo facing back, closed fans 'waving' – slowly turning ½ over left shoulder to face the audience
- Double rainbow, 1 turn R, reverence and bring closed fans left, 1 turn R
- Accent up diagonal left with R leg in passé, same on the other side, 'windshield wipers', favorite move (waves L to R) and discard the fans

Transition

- Choochoo 'back' to center stage

Combo 1

- Arabesque low stepping on L leg, turn R, arms close in front of chest and 3 twists
- Step back diagonal R, 3 hip accents with L hip (up down up) – repeat L
- Cross turn with arms up, pose and open arms, turn back - repeat other side
- Big hip circle to R (starting front), chest circles clockwise and optional level change
- Come up with small shoulder shimmy, then mini-choochoo

Combo 2

- Arabesque low stepping on L leg, quick turn R, then arabesque pose on R leg (left leg is extended back) and arms open
- Repeat

Transition

- Twist-step or $\frac{3}{4}$ shimmy hagalla back 4 counts, then 'hip up travel' back 4 counts bringing the arms out and up, turning $\frac{1}{2}$ to face the back
- Step out with R leg (plié both legs), crossing arms in front and down
- Change weight and pose 'strong', weight on R leg, L leg forward, arms out and up 'long' on the accent

Hip Drops

- Hipdrops mini-combo (4 mini-hipdrops with added dip on 1 and kick on 3) with L hip – repeat 7 times – add one slow arm pathway (L wrist waves down while R hand relaxes, L arm travels out and up, both wrists 'meet' - then both arms melt out and down)

Transition

- Twist the hips (4 or 5 twists)

Combo 3

- Arabesque low stepping on L leg, turn R
- 'miauw miauw' (full body diagonal undulation L and R) - step back in plié, then come back to the front with a shoulder shimmy 'wave'
- Step back diagonal, 1 hip accents with front hip (up) – repeat on other side
- Big hip circle to R (starting front), chest circles clockwise and optional level change
- Come up with small shoulder shimmy, then mini-choochoo

Combo 4 (Turning part)

- Kick up the skirt (R leg) and turn left, leading with the left arm, following the melody:
- low – high – low – medium
- speed up as the music speeds up, bringing the skirt in (front) or free arm to the back

Transition

- slow down, bring weight to R leg and pose with arms up (same pose as for the hip drops)

Forward Travel part - Finale

- 'Basic step' leading with L leg, facing diagonals/'3 audiences' (R, middle, L) – arms transition slowly ('outer arm up')
- 'Cross V-step' with hip rock on the 'leg out' part, and 2 chest accents (up and up) on the 'leg crossed' part - arms open (second position)

Transition and End pose

- twist and travel back 6 fast counts
- turn over L shoulder, bring weight to R leg and pose (same pose as above)

THE END <3

Best wishes, and hopefully until soon again!

xx Kim/Khalida

www.khalidadance.com

www.movespiration.de

www.joyofmovement.de

Upcoming events

Note: All upcoming workshops, events and shows with Khalida are listed at www.khalidadance.com/schedule - More dates will be added in the coming weeks/months.